

Position Description

Clinical Nurse Consultant – Movement Disorders

Classification:	Clinical Consultant B (ZJ4)
Business unit/department:	Neurology
Work location:	Austin Hospital <input type="checkbox"/> Heidelberg Repatriation Hospital <input type="checkbox"/> Royal Talbot Rehabilitation Centre <input type="checkbox"/> Other <input type="checkbox"/> (please specify)
Agreement:	Nurses and Midwives (Victorian Public Sector) (Single Interest Employers) Enterprise Agreement 2024-2028
Employment type:	Part-Time
Hours per week:	16
Reports to:	Movement Disorder Clinical Nurse Consultant B
Direct reports:	N/A
Financial management:	Budget: N/A
Date:	July 2025

Position purpose

The Movement Disorders Clinical Nurse Consultant B will perform the duties of the position efficiently to the standards of the department, including the day-to-day provision of patient care; ensuring standards meet professional, organizational, legal, and ethical requirements.

The Movement Disorders Clinical Nurse Consultant B is directly involved in the provision of expert patient centered clinical nursing care and is recognised as a senior and advanced clinical nurse in their area of specialty. This extends to the care of family, carers, and other health professionals.

The Movement Disorder Clinical Nurse Consultant B has the capability to demonstrate an advanced level of clinical knowledge and expertise relevant to the area.

The Movement Disorders Clinical Nurse Consultant B will provide expert care in the use of device assisted therapies and have basic level knowledge of Deep Brain Stimulation.

About the Movement Disorder Program

Department of Neurology

The Department of Neurology is the largest neurology unit in Victoria and has established an international reputation in stroke and epilepsy. This comprehensive unit covers all areas of neurology and is staffed by nineteen neurologists, including two full-time staff members and a

neuropsychiatrist. A comprehensive diagnostic service is maintained, including EMG, EEG, Doppler ultrasound, and MRI. The Neurodiagnostic Laboratory is co-located with the Neurology ward on Level 6 of the Austin Tower. The Department of Neurology is part of the Cancer and Neurosciences Division.

Movement Disorders Program

The Movement Disorders Clinical Nurse Consultant B works within the Medical and Cancer Services. The Movement Disorders Program has an extensive clinical, research, teaching, and training focus. While the program specializes in the management of patients with Parkinson's disease, it encompasses all movement disorders, including the treatment of dystonia and spasticity across a variety of patient groups.

Outpatient Department

The Outpatient Department is a consultative health service that incorporates teaching, training, research, and minor procedures for ambulatory (non-bed-based) hospital patients.

Position responsibilities

Role Specific

The Movement Disorders Clinical Nurse Consultant will perform the duties of the position efficiently and to departmental standards, including the day-to-day provision of patient care. This includes ensuring that standards meet professional, organisational, legal, and ethical requirements.

This role involves the provision of advanced and expert patient-centred clinical care and is recognised as a senior and advanced clinical nurse within the specialty. Care extends to families, carers, and other health professionals.

Professional Leadership

- Demonstrates advanced level of clinical knowledge and expertise relevant to movement disorders.
- Provides expertise and acts as a clinical leader and resource for staff, patients, families, and carers across all Austin campuses.
- Acts as a mentor and resource for all Austin clinical staff in matters relating to movement disorders and neurology.
- Accepts referrals and provides consultation and clinical care across Austin sites.

Support of Systems

- Collaborates with the Movement Disorder Coordinator in the implementation and management of advanced therapies for movement disorders, specifically Apomorphine, Duodopa, Subcutaneous Levodopa and Deep Brain Stimulation (DBS).
- Provides expert clinical knowledge and direction to ensure clinical standards, policies, and procedures promote a patient-focused model of care.
- Maintains patient databases.
- Provides autonomous nurse-led clinics, phone, telehealth, and face-to-face consultations for patients and carers.
- Collects and monitors clinical data.

Education

- Participates in delivering formal education sessions on movement disorder management across all Austin campuses.
- Engages in both formal and informal education programs.
- Actively promotes staff education.
- Develops specific procedures, policies, and protocols related to movement disorder management.
- Acts as an expert resource to all wards and departments (including external healthcare agencies) in the use of device-assisted therapies for Parkinson's disease.
- Develops educational tools for patients and healthcare providers.



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- Maintains and updates a Professional Practice Portfolio to demonstrate ongoing commitment to learning and best practice.

Direct Clinical Care

- Facilitates and maintains continuity of care and provides prompt, efficient responses to the needs of movement disorder patients across outpatient, acute inpatient, and rehabilitation services.
- Monitors discharge planning and implements improvements as needed.
- Promotes a multidisciplinary team approach to treatment.
- Liaises with medical and multidisciplinary teams within Austin Health and the broader community.
- Attends all movement disorders and botulinum toxin outpatient clinics.

Clinic Duties Include (but are not limited to):

- Managing specialist clinic patient lists.
- Maintaining patient flow, including managing cancellations and non-attendance.
- Monitoring clinic activity to prevent overbooking and adjusting patient loads in consultation with clinic doctors.
- Liaising with the Specialist Clinic Lead to ensure timely patient appointments and assessments.
- Coordinate patient flow, clinic lists, and the general setup and smooth running of botulinum toxin clinics.
- Ordering botulinum toxin relevant to the patient group.
- Assisting with preparation and dosage calculations for botulinum toxin administration.
- Managing the EMG machine.
- Taking accurate patient histories, including medication usage and response.
- Conducting patient assessments using MDS-UPDRS, Webster Scales, tremor assessments, functional and psychometric measures.
- Adjusting device-assisted therapy pump dosages under neurologist guidance.
- Promoting quality of life and discussing end-of-life decisions through Respecting Patient Choices.
- Implementing Apomorphine, Subcutaneous Levodopa and Duodopa therapy, including education, training, and ongoing support for patients and carers.
- Performing levodopa and apomorphine challenges autonomously, with indirect supervision from a neurologist or neurology fellow.
- Liaising with community services regarding patient progress, medications, and rehabilitation.
- Assisting with scheduling patient appointments.
- Prioritizing patient movement through clinics, including support for frail aged, interpreter-assisted, rural, and transport-dependent patients.
- Assisting patients with emergency nursing needs such as mobility, transfers, toileting, nutrition, hydration, and medications.
- Referring patients to allied health services and community support as appropriate.

Research

- Participates in clinical trials, including oversight of ethics submissions, budget analysis, patient recruitment, monitoring, specimen collection, ECG recording, data processing, and liaison with study supervisors and sponsors.
- Maintains patient databases.
- Attends meetings for training and presentation of study results.
- Attending relevant conferences to maintain and enhance knowledge of movement disorders.
- Keeps up to date with current literature, equipment, and therapeutic options.

All Employees

- Comply with Austin Health policies and procedures.
- Uphold the Code of Conduct, values, and diversity and inclusion commitments.
- Maintain a safe working environment and escalate safety concerns appropriately.
- Adhere to principles of patient-centred care.



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- Complete mandatory training and continuing professional development requirements.
- Work across multiple sites as required or directed by management.

Selection criteria

Essential skills and experience:

- A commitment to Austin Health values
- Minimum of three years post-graduate experience
- Extensive and recent clinical experience in the specialty of movement disorders
- Knowledge of advanced therapies such as Apomorphine, Duodopa, and Deep Brain Stimulation (DBS)
- A patient-focused approach to care delivery
- Highly developed organizational skills
- Demonstrated leadership ability
- Commitment to quality, best practice, and environmental safety
- Excellent written and verbal communication skills
- Advanced interpersonal skills
- Ability to problem-solve in a variety of situations
- Ability to work autonomously and as part of a dynamic, multidisciplinary team
- Ability to implement, lead, and support change
- Commitment to the nursing profession through involvement in professional associations, publications, conference presentations, and ongoing education
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Desirable but not essential:

- A sound understanding of information technology including clinical systems, applications relevant to the Management of rostering and risk management reporting or as required for the role and/or department.
- Postgraduate studies in the area of specialty
- Basic statistical skills.
- Familiarity with disease-specific rating scales and their implementation
- Knowledge of evidence-based medicine techniques
- Demonstrated experience in leading quality improvement initiatives

Professional qualifications and registration requirements

- Registered Nurse Division 1 (General) registered with the Nursing and Midwifery Board of Australia

Quality, safety and risk – all roles

All Austin Health employees are required to:

- Maintain a safe working environment for yourself, colleagues and members of the public by following organisational safety, quality and risk policies and guidelines.
- Escalate concerns regarding safety, quality and risk to the appropriate staff member, if unable to rectify yourself.



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- Promote and participate in the evaluation and continuous improvement processes.
- Comply with the principles of person-centered care.
- Comply with requirements of National Safety and Quality Health Service Standards and other relevant regulatory requirements.

Other conditions – all roles

All Austin Health employees are required to:

- Adhere to Austin Health's core values: *our actions show we care, we bring our best, together we achieve, and we shape the future.*
- Comply with the Austin Health's Code of Conduct policy, as well as all other policies and procedures (as amended from time to time).
- Comply with all Austin Health mandatory training and continuing professional development requirements.
- Provide proof of immunity to nominated vaccine preventable diseases in accordance with Austin Health's immunisation screening policy.
- Work across multiple sites as per work requirements and/or directed by management.

General information

Cultural safety

Austin Health is committed to cultural safety and health equity for Aboriginal and/or Torres Strait Islander People. We recognise cultural safety as the positive recognition and celebration of cultures. It is more than just the absence of racism or discrimination, and more than cultural awareness and cultural sensitivity. It empowers people and enables them to contribute and feel safe to be themselves.

Equal Opportunity Employer

We celebrate, value, and include people of all backgrounds, genders, identities, cultures, bodies, and abilities. We welcome and support applications from talented people identifying as Aboriginal and/or Torres Strait Islander, people with disability, neurodiverse people, LGBTQIA+ and people of all ages and cultures.

Austin Health is a child safe environment

We are committed to the safety and wellbeing of children and young people. We want children to be safe, happy and empowered. Austin Health has zero tolerance for any form of child abuse and commits to protect children. We take allegations of abuse and neglect seriously and will make every effort to mitigate and respond to risk in line with hospital policy and procedures.



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